

# SUPPORT GROUPS at GOOD SAMARITAN

## ❖ BREAST CANCER SUPPORT GROUPS

*For Breast Cancer Patients  
For Family and Friends  
For Metastatic Breast Cancer Patients  
“Look Good...Feel Better”*

## ❖ CANCER SUPPORT GROUPS

*For Cancer Patients  
For Family and Friends*

## ❖ PROSTATE CANCER SUPPORT GROUP

*For Prostate Cancer Patients*

## ❖ BEREAVEMENT SUPPORT GROUPS

*Individual Bereavement Counseling  
“Drop In” Adult Bereavement Support Group  
Loss of a Baby Support Group  
Children’s and Teens’ Bereavement Support Group*

## ❖ BIRTHPLACE

*Big Brother/Big Sister Class  
“Breast-Feeding Your Baby” Course  
“Caring for Your Baby” Class  
Caesarean Section Class  
Early Pregnancy Class  
Grandparents’ Class  
Infant Massage Course  
Lamaze Course (First Time Around)  
Lamaze Class (Second Time Around)  
Maternity Tours  
New Mothers’ Support Group  
“Parenting Your Young Child” Course  
“Getting Acquainted” Visit*

## ❖ DIABETES SUPPORT GROUPS

*“Diabetes Under Control” Club  
Diabetes for Children*

## ❖ DIALYSIS SUPPORT GROUPS

*Dialysis Patient Orientation Program  
Dialysis Patient Support Group*

## ❖ BREATHE FREELY SMOKING CESSATION

## ❖ ❖ ❖ ❖ ❖ ADDITIONAL SUPPORT GROUPS ❖ ❖ ❖ ❖

- Caregivers
- Pulmonary Disease
- Bariatric Support Group
- Pain Management

# ADDITIONAL SUPPORT SERVICES

- Breast Health Center  
(631) 376-3736
- Boutique  
(631) 376-3737
- Community Outreach  
*Free Medical Screening Exam for Qualified Adults*  
(631) 376-3182
- Diabetes Care Center  
(631) 376-4223
- Eat Right Nutritional Program  
(631) 376-4064
- Genetic Counseling  
(631) 376-4050
- Laboratory Services  
(631) 376-4057
- Mammography & Breast Diagnostic Suite  
(631) 376-3625
- Nutritional Counseling  
(631) 376-4064
- Pastoral Care  
(631) 376-4103
- Perinatal Education Center  
(631) 376-4159
- Rehabilitation Services (PT, OT, Speech)  
(631) 376-4109
- Senior Assessment Program  
(631) 376-3671
- Volunteer Services  
(631) 376-4121



- Good Samaritan Dialysis Center  
Bay Shore..... (631) 224-8500  
Lindenhurst..... (631) 956-6060
- Good Samaritan Home Health Agency  
Bay Shore..... (631) 969-8200
- Good Samaritan Long-Term Home Health Agency  
Bay Shore..... (631) 224-8696
- Good Samaritan Nursing Home  
Sayville..... (631) 244-2400
- The Center for Pediatric Specialty Care  
Babylon..... (631) 321-2100



- Good Shepherd Hospice  
(631) 465-6300
- Martin Luther King, Jr., Community Health Center  
(631) 854-1700
- Suffolk Hearing and Speech  
(631) 277-3000



## EARLY PREGNANCY CLASS

You have just learned you are having a baby, and you ask yourself, “What should I do first?” The Early Pregnancy Class at Good Samaritan helps educate expectant couples to better manage their pregnancy and feel more comfortable and secure about their new role in life. The Early Pregnancy Class covers topics such as body changes during pregnancy, fetal growth and development, nutrition for a healthy mother and baby, common tests and procedures, exercise and managing common discomforts. The Early Pregnancy Class helps expectant couples to develop “parenthood awareness” to better adapt to their changing roles—helping fathers understand their important part and teaching mothers to prepare for the new life that is growing inside them.



## CANCER SUPPORT GROUPS

The diagnosis of cancer is a major, life-changing event. Upon hearing the word “cancer,” patients and their loved ones are thrown into a whirlwind of emotions, ranging from fear and anger to denial or overwhelming sadness. It is difficult to cope with the physical challenges of cancer and treatment, and the emotional impact can be an even greater burden. At Good Samaritan, support services are run by specially trained professionals in a strictly confidential setting. Honest, compassionate communication among group members helps to reestablish a sense of hope, strength and courage for all involved. For a new member entering the group, the other members provide inspiration and support. Cancer affects everyone involved, and no one should travel this journey alone.



**GOOD SAMARITAN**  
HOSPITAL MEDICAL CENTER

*A Member of Catholic Health Services*

A MAGNET™ DESIGNATED HOSPITAL

1000 Montauk Highway • West Islip, NY 11795  
(631) 376-4444 • [www.good-samaritan-hospital.org](http://www.good-samaritan-hospital.org)

**For more information, please call (631) 376-4444  
or visit [www.good-samaritan-hospital.org](http://www.good-samaritan-hospital.org)**

